

Self Image

God—You are an AMAZING Creator. Your creation is brilliant and glorious. There is nothing like it in beauty and splendor. . . And I am not only a part of your creation, but I am your most prized, cherished and treasured creation! There is nothing as beautiful and splendid as You living in me. You have perfectly and lovingly handcrafted every last detail about me. My body, my mind, my heart, emotions, personality . . . it's all so intricately woven together and BEAUTIFUL. You have declared me “Very Good”! I am a living, breathing reflection of You. As You look at me, You see a reflection of Your image and glory. EVERYTHING about me is ALL for Your glory. You created me beautifully. You live in me beautifully. My frame and everything in it is beautifully for You. We are a perfect fit!

Eating/Food

LORD—You COMPLETELY satisfy me. I taste and see that You are good. You are my sustenance. You are my SOURCE. You are my go to in all things. You are my comfort. You are my fix. You give me energy. You are my desire. You are my emotional security and release. All that I need or want is You. You direct me when, where, how, and what to eat. Your spirit of self-control lives in me and wells up as I am in the presence of food. I eat for Your glory LORD. I taste and see that You are good. I am blessed because I trust You.

Wife

God—Thank You SO much for marriage! What a privilege and honor I have to be called to this sweet and holy relationship! What an AWESOME opportunity to see, experience, and know more of You through marriage.

Thank You God for my husband! Thank you for uniting us in covenant ONENESS. We stand as ONE in You. There is nothing on this earth that can ever separate us! We are a perfect match. You make us an amazing team in and with You—a city on a hill! Thank You for blessing us to be a blessing to many. We bless you LORD!

Thank You God for giving me a husband who loves, cherishes, and adores me. Thank You for his heart that beats for You and for how you guys are always for me. Thank You for loving me and serving me through him. You have amazingly handcrafted every last detail about him. You perfectly love him and You perfectly live in him. I love, honor, respect and submit to him, as I love, honor, respect, and submit to You, LORD.

Thank You God for making me an amazing wife! You love, serve, respect, encourage, honor, and empower my husband through me. I reflect and embody Your mercy, grace, forgiveness, peace, calm, and wisdom for and towards him. You unyieldingly love him and you use me as His wife to powerfully reveal more of Your love and more and more and more of Yourself to him. You love him through me and as me! Thank You God!

Your kingdom come and Your will be done in our lives and in our marriage!

Friend/Relationships

God—Thank You for creating us for relationship. I am SO blessed to have the friends that I do! Thank you for blessing me with awesome friends and for being an awesome friend as me. You know better than anyone what my friends need and how to meet those needs. Thank you for using me to reveal Yourself to my friends. You love them, challenge them, and provide for them through me. I am a host of Your wisdom, insight and discernment for my friends. I am an extension of your heart, arms, and

loving kindness. You provide the perfect word at the perfect time. As I am nothing more and nothing less than me, You are fully YOU in ME. My friends encounter You every time they encounter me!

Mom/Parent

God—I LOVE being a mom! I love feeling and experiencing even a part of Your HUGE heart for Your children through being a mom. Thank You for living out Your bursting heart of love for my son in and through me. Thank You for teaming me up with my husband and me to raise a son to know You and love You with all of his heart, soul, mind, and strength. You are for us, with us, and in us from start to finish of parenting. We embody Your wisdom for every day, every need, every word, action, and reaction. Through us You live out Your provision, patience, grace, protection and compassion for him. You've given us Your eyes to lovingly garden his sweet and tender spirit EVERY step of the way. Thank you for using us to love, care, protect, nurture, and grow him to be a man after your own heart. Thank You God—for giving me a beautiful son and for making me an amazing mom. You have given me everything it takes to be the best mom ever to and for our son. THANKS GOD!!! I love this job!

People Pleasing/Wanting to be Liked

Daddy—You not only love me, but You like me. You not only walk beside me, but You live in me. You specifically created me to be with me, to live in me, to worship as me, to live Your life through me and as me. You LOVE being with me. You LOVE living in me. You are forever pleased with the integrity of me, You ACCEPT and CHERISH me for me. You ALWAYS love me. You ALWAYS like me, You are WELL PLEASED with me. I am always loved, liked and accepted by You—no matter what. Thank You, Daddy.

Sex

God—THANK YOU for the AMAZING gift of sex. In this one small act you've given us a HUGE piece of Your heart of love, unity, pleasure, and security. You not only encourage my husband and I to sexually delight in each other, but You bless us as we fully give ourselves to each other in this beautiful act. YOU ARE SO GOOD GOD! Thank you for giving us a foretaste of Your perfectly unified heavenly love in the act of marriage.

Finances

God—You hold ALL of the riches in the whole world in the palm of Your hand. You are the Creator, Sustainer, and Provider in ALL THINGS. YOU ARE OUR FINANCIAL PROVISION! I TRUST You for the giving and dispersing of ALL finances for our family. You know us. You love us. You take AMAZING and PERFECT care of us. I TRUST you God and I REST in Your tender loving care for us in the matter of finances. We are blessed beyond measure!

I am a joy and a blessing. My needs matter--God given needs. I'm worth the time.