

## Christ-In-Me Identity Statement Body Image Example

You knew me before I was ever formed in my mother's womb. Thank you for choosing to create me. You are perfect and you fashioned me perfectly. You call me lovely. You put everything in me needed to fulfill your successful future in me.

Lord you made me special and unique and I am fearfully and wonderfully made. You made me according to your perfect design. I am just right.

You formed and fashioned me to be the temple of the Holy Spirit, your dwelling place. I acknowledge that my life and my body are no longer my own. I submit my body to you that you may be glorified in and through me. With you in me, I have everything needed to live a healthy, joyful, fulfilling life.