

the ultimate journey

SUPPORT GROUP PARTICIPATION NOTIFICATION

To: _____

From: _____

Subject: Notification of participation in a support group program entitled, *The Ultimate Journey.*

Dear _____:

I wish to inform you of my desire to participate in the above program. It is a Christian support group program intended to assist in the practical, personal appropriation and application of Biblical truths and principles to one's everyday life.

There are three phases.

Phase 1 analyzes and weeds out immature, self-centered relationship patterns learned in the past. Some of the group exercises deal with learning to process, accept and grow beyond painful past experiences. It explores healthy, mature patterns found in healthy family systems. Thus, family problems, relational dysfunction, and codependency patterns can be recognized and corrected.

Phase 2 introduces the God of the Bible and the necessary elements for a loving relationship with Him, with oneself and with other human beings. It explains the heart and soul of Christian life and the paradigms by which it becomes a personal reality.

Phase 3 provides tools for outgrowing victim patterns learned in childhood and provides new pattern structures geared to learn to 'overcome evil with good.' They are patterns for true love, responsibility, maturity, and the ongoing discovery of truth in any situation.

This program is designed to complement and enhance personal therapy programs, not to interfere with or replace them. Thus, I respectfully seek *the professional opinion* of any psychiatrist, psychologist, or professional therapist that I have worked with in the last two years before taking part in this group work.

Please sign below to document that you have been informed of my plans to participate in this group.

SIGNATURE: _____ **DATE:** _____

*Should you have any questions regarding any aspect of this group, please feel free to contact the Group Director. A phone number can be obtained from your client.