

the ultimate journey

Lie Detector

Group Member: _____

- Time Period: Infancy Early Childhood Elementary School
 Middle School/Jr. High High School Early Adult
 Adult

Event/Situation:	Feeling:	Lie:	Truth:
What happened or didn't happen that wounded me?	What emotions did I feel as a result?	What did I come to believe about myself?	What is God's truth I need to side with?

Affirmations (circle all that apply): 1 2 3 4 5 6 7 8 9 10 11 12